



centre en sécurité alimentaire

LIEVRE FOOD BANK

ANNUAL REPORT

2023-2024



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OUR MISSION

To support vulnerable people and families by providing quality food and assistance, along with an aid and referral service, while helping develop a sustainable food system.

OUR GOALS

- a.** To provide food to vulnerable individuals and families
- b.** To develop other projects and related initiatives
- c.** To host prevention and awareness activities through education and training sessions
- d.** To let recipients know about other community resources, make referrals, and follow up with them
- e.** To raise community awareness about food insecurity and hunger

HIGHLIGHTS

2023-2024

Logistics and work organization

- Moved into our newly renovated premises (June 2023)
- Established food aid walk-in hours (January 2024)
- Developed and set up a new organizational model to distribute food aid
- Bought equipment for 400A and 400B Avenue de Buckingham and took over lease (March 2024)

Funding

- Obtained funding for and initiated the Tablee populaire project (February 2024)
- Search for funds for waste reduction and community kitchen initiatives

Communication and philanthropy

- Developed a philanthropic plan
- Established a donation and donor database
- Launched the website (www.balievre.ca)

MESSAGE FROM THE CHAIR

BOARD OF DIRECTORS

Dear members, partners, and friends of Banque alimentaire de la Lièvre,

As we end this year of unprecedented challenge and great achievement, I'd like to say how grateful I am to our community for its unflagging support.

Year of challenge and resilience

2023-2024 has been a challenging year for us all. Increasing demand for food aid has tested our ability to meet the community's growing needs. Despite obstacles, we have been resilient and innovative in continuing to provide vital services.

Outstanding teamwork

Banque alimentaire de la Lièvre owes its success to our amazing team of dedicated workers and volunteers, whose commitment and resolve have helped us adapt, innovate, and overcome problems and difficulties. I'd like to give them a shout out for their tireless work and remarkable dedication.

A caring and supportive community

Our community has shown unwavering solidarity. The generosity of individual and corporate donors has helped us meet the needs of those who rely on us. Their donations have made it possible to keep operating and provide vital food aid in these uncertain times.

Looking ahead to a brighter future

We have made strategic choices to keep our services sustainable while looking after our team members' mental and physical health. A review of work practices and the purchase of commercial-grade kitchen equipment are important steps to meet community needs and ensure continued growth.

Recognition and gratitude

I want to extend heartfelt thanks to every member of our Board of Directors for their vision and steadfast support. I'd also like to thank the team for their dedication and hard work. Lastly, a thank you to all who have contributed to this year's success, directly or indirectly.

Together we have shown that through teamwork and commitment we can weather adversity and face any challenge. Let us keep moving forward, with optimism and resolve, toward a future where everyone can obtain basic necessities and compassionate support.

With deepest gratitude

Marc-André Lacambe

MESSAGE FROM THE DIRECTOR GENERAL

From burnout to resilience

Always adapting and in search of new funding.

March 31, 2024 marked the end of a year full of change, challenge, and achievement.

April and May

We hadn't even moved yet but saw more than our share of surprises! The work wasn't yet finished and would cost three times more than initially thought. Our initial budget of \$100,000 was now \$300,000, not counting equipment.

June to October

We moved back into our renovated premises on May 31. We were keen to get to know our new surroundings, and it was quite a learning experience. We also had to adjust to some new realities. The pandemic was followed by inflation, and we now knew that nothing would be the same as before. Two years ago, just 2% of our clients were working people. This year, 27% of food aid requests have been from working families.

Aberrant and not at all normal

We get heartbreaking calls from working people who can no longer feed their families. You can't imagine how helpless and humiliated they feel. We get calls like this nearly every day. Quebec families are forced to choose between paying the rent or feeding their kids. Not to mention the cost of drugs for seniors. Our job is to make them feel welcome, treat them with compassion and dignity, and try to ease their sense of failure.

We've also seen a high demand from newcomers to Canada. Thank goodness for Google Translate! Aside from language, there are dietary practices and restrictions to consider. We do our utmost to satisfy everyone.

Mid-November: everything is falling apart

We're forced to concede that we won't be able to meet demand this year like we have in the past. Donations are getting scarcer, and even Moisson Outaouais has had to cut back on Christmas food aid. So we're looking for other solutions.

Demand is way up, and this is the first time in four years our team has felt so burned out and helpless. We've been able to meet demand thanks to a major anonymous donation, individual and corporate fundraising efforts, and various donations from the public. But the work environment remains challenging.

On the last business day before Christmas, we got word that funding was approved for the Tablee populaire and the toilet and shower facilities. I was so exhausted that I saw this as a burden, even though I knew it would ease pressure on food aid requests, and decided not to discuss it until we returned in January. But for the moment, the project was more than we could manage.

January: From burnout to resilience

We reviewed our work practices in January and chose to keep providing first-rate service while putting more focus on our team's mental and physical health. We reduced the number of delivery days from 4 to 2, set aside time to prepare basic food aid boxes, and scheduled two afternoons a week for walk-in assistance so we could serve even more families without wearing ourselves out.

February and March: Abundant opportunities

In February, we were able to buy commercial-grade kitchen equipment to expand our range of food services and, we hope, make up some of our shortfall.

I've always said that our organization owes its success to our amazing team! I'd like to commend the SUPERB work of our FIRST-RATE team of outstanding workers and committed volunteers! We also owe our success and continued growth to our visionary Board of Directors and its unwavering faith in the Dîner pour mieux apprendre mission. And then, of course, last but not least, is the wonderful community that has supported us in so many ways!

A heartfelt thank you to everyone for your vital support.

Anne Mercier

BOARD

OF DIRECTORS

Name and position	Type of member	Start of term	End of term
Marc-André Lacombe, Chair	Citizen	2018/11/27	
Kayla Roy, Vice-Chair	Citizen	2022/08/18	
Ginette Fillion, Treasurer	Citizen	2018/07/24	
André Soucy, Secretary	Citizen	2021/03/29	
Linda Cameron, Director	Citizen	2017/06/02	
Julie Tittley, Director	Citizen	2023/06/14	
Nicole Lemieux, Director	Citizen	2023/06/14	2023/12/07
Anne Mercier, Director General	Ex-officio non-voting member	2020/02/18	

Board Meetings

11 meetings

- 9 in-person
- 2 virtual

Assessment Committee

As in previous years, the Board of Directors mandated three people to carry out the annual evaluation of the Director General.

Highlights

- Took part in meetings at the 129 Joseph worksite
- Moved into and fit up our newly renovated premises
- Actively sought out funding
- Submitted Tablee populaire and toilet/shower facility project for approval (project approved)
- Took the occasion to set up a new commercial-grade kitchen
- New organizational chart
- Submitted project to Community Services Recovery Fund for approval (project approved)
- New operating standards for providing food aid

2023-2024 TEAM

"THE DREAM TEAM"

Nom	Poste	Entrée en fonction	Départ
Gabrielle Chabot-Giroux	Executive Assistant	2022/09/30	
Christelle Genay	Project Officer	2020/05/25	
Stéphane Leroux	Delivery Person	2023/05/29	
Aeliane Martins Franco Barra	Cook (Dîner pour mieux apprendre)	2023/09/05	
Anne Mercier	Director General	2020/02/18	
Valérie Racette	Food Bank Coordinator	2020/09/28	
Alex-Ann Sabourin	Food Aid Clerk	2023/11/20	
Tristan Sanscartier	Food Aid Clerk	2023/06/12	
Sarah Bélanger	General Employee (summer job)	2023/05/15	2023/07/07
Arianne Guilbault	Food Services Coordinator (Dîner pour mieux apprendre)	2023/02/21	2023/08/19
Ken Labrie	Food Aid Clerk	2023/09/19	2023/12/07
Simon Lacombe	Food Aid Clerk	2023/01/19	2023/04/28
Norman Leclair	Food Aid Clerk	2020/07/13	2023/08/11
Nathalie Lévesque	Food Aid Clerk	2023/11/20	2023/12/01
Keith Mutchmore	Food Aid Clerk	2023/11/22	2023-12/18

The Team (summer 2023)



CSSCV Work Placements

2020-2021	2021-2022	2022-2023	2023-2024
Co-op Students: 7 Hours: 3 543	Co-op students: 9 Hours: 11,468	Co-op students: 5 Hours: 5,425	Co-op students: 2 Hours: 2,870
For \$14,000 in grant fundin	For \$45,872 in grant funding	For \$21,700 in grant funding	For \$11,480 in grant funding

Community work

Special thanks to S.O.S. Contact AI-To for loaning us one of their staff members for a few half-days a week.



OUR VOLUNTEERS

2023-2024:

- 75 volunteers
- 2,365 volunteer hours

We are extremely grateful to our volunteers, whose hard work and commitment is vital at every stage of our mission. Their active presence at fundraising events, their support on the ground, and their involvement in Board meetings are a testament to their invaluable commitment. We know how lucky we are to have such dedicated volunteers.

We thank each and every one of you for your immeasurable contribution and teamwork.

Thanks to you, we can continue providing vital food aid to those who need it most. Together we're making a real difference in our community.



FOOD AID

General operation

In these challenging times, everyone can use a helping hand to put food on the table. That's why we provide food aid to any family or individual in financial difficulty who lives in the area we serve.

Our basic service consists of one food aid package per month, equivalent to 5 days' worth of food (3 meals a day for each family member).

Walk-in hours

To reduce waiting times, we have introduced walk-in hours. People can go straight to the food bank to get their assistance packages on site.

This new distribution method has meant some logistical changes. We now give out standardized boxes that clients can top up with items from our shelves.

Delivery

To lighten staff workload in the face of ever-growing demand for food aid, we made big cuts to our food delivery service in 2023-2024.

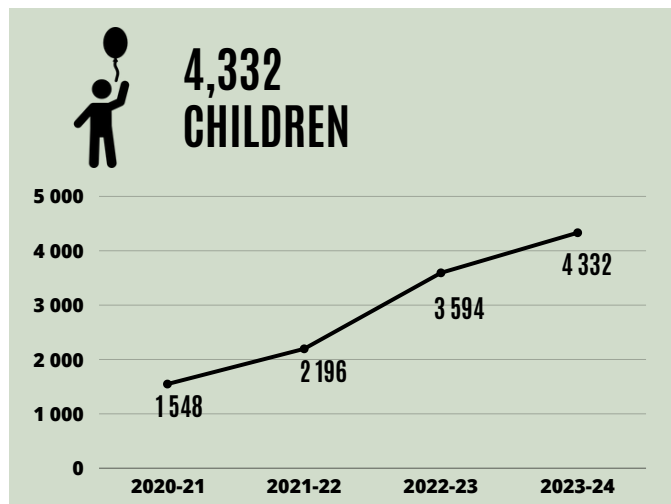
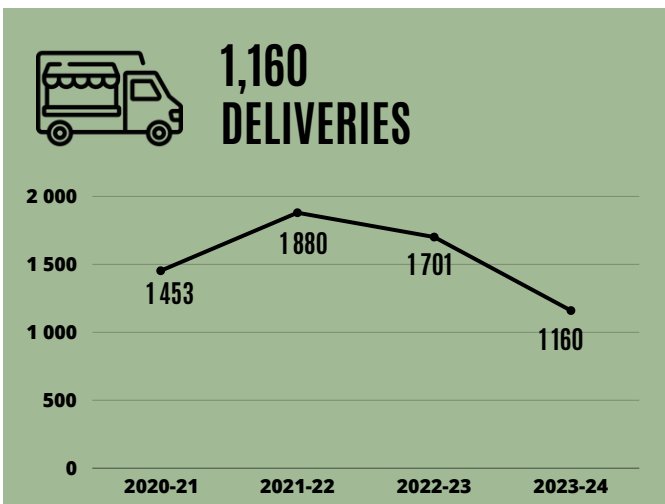
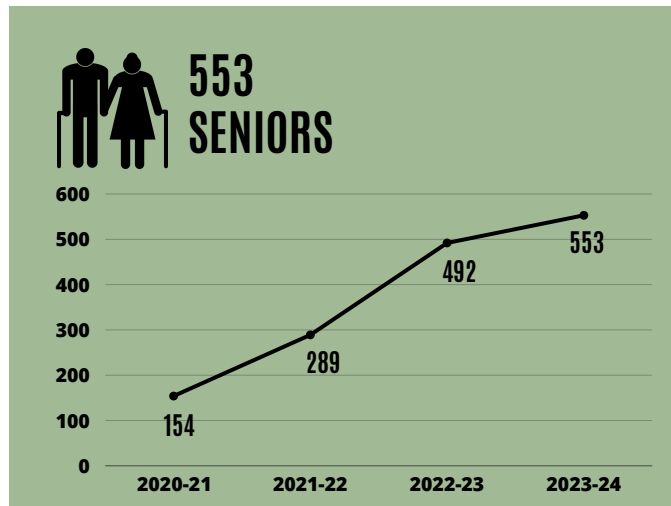
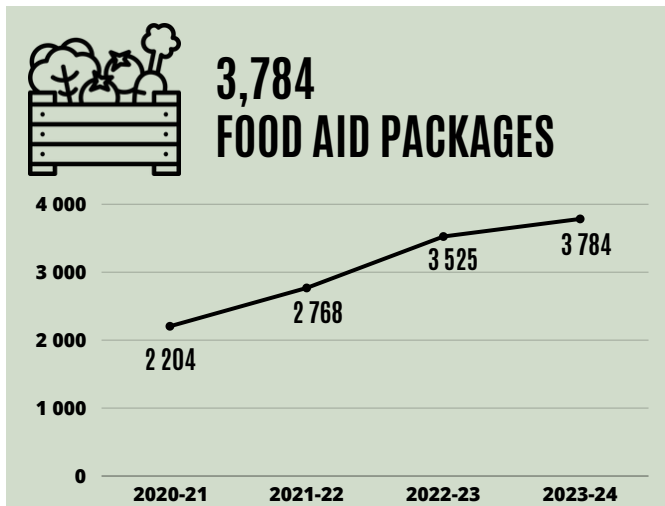
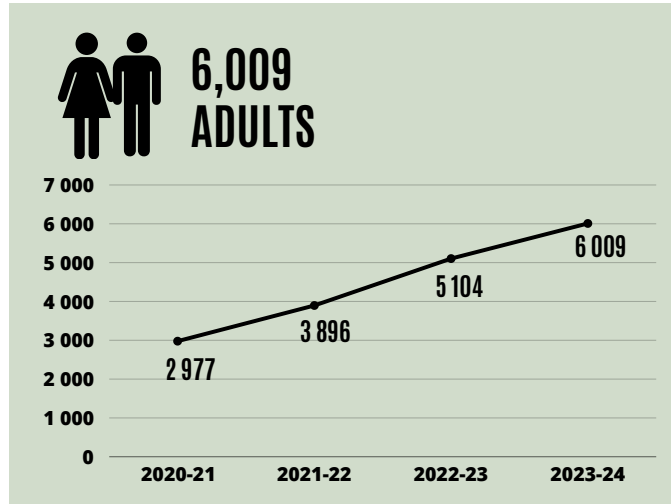
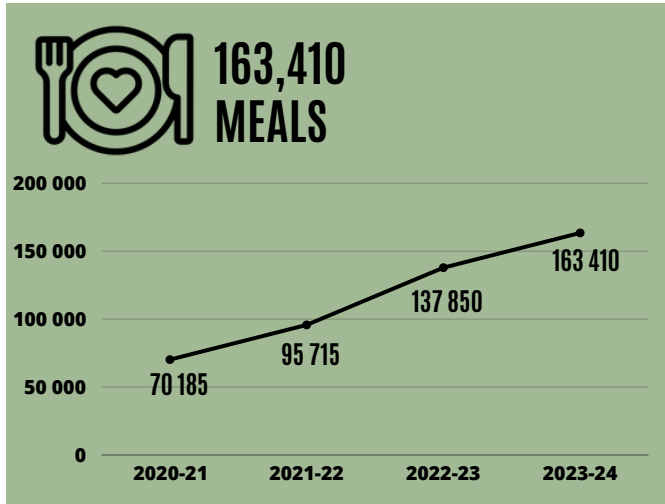
Service tailored to client needs

We've always worked hard to accommodate client needs. For example, we have specialized food aid packages for people who are homeless or "couch surfing."

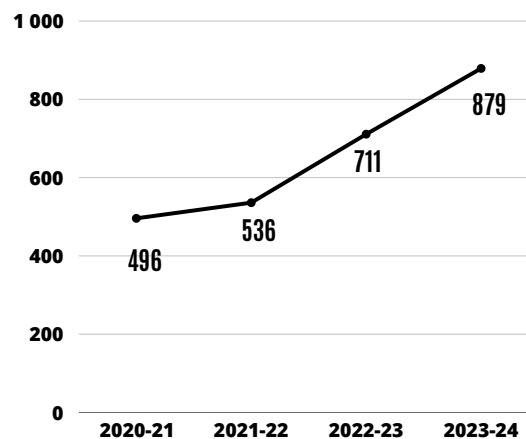
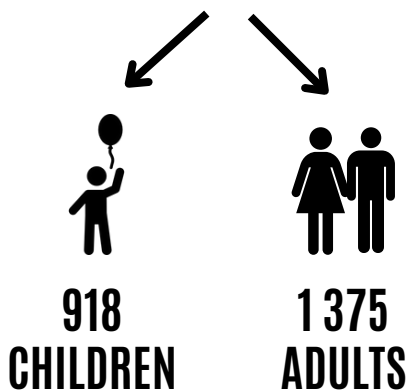
Food aid distribution schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	AM	AM	AM	AM
Order receiving No food distribution	Deliveries and appointments	Appointments	Deliveries and appointments	Appointments
PM	PM	PM	PM	PM
Work organization No food distribution	Walk-in hours (families without children)	Appointments	Walk-in hours (families with children)	Closed

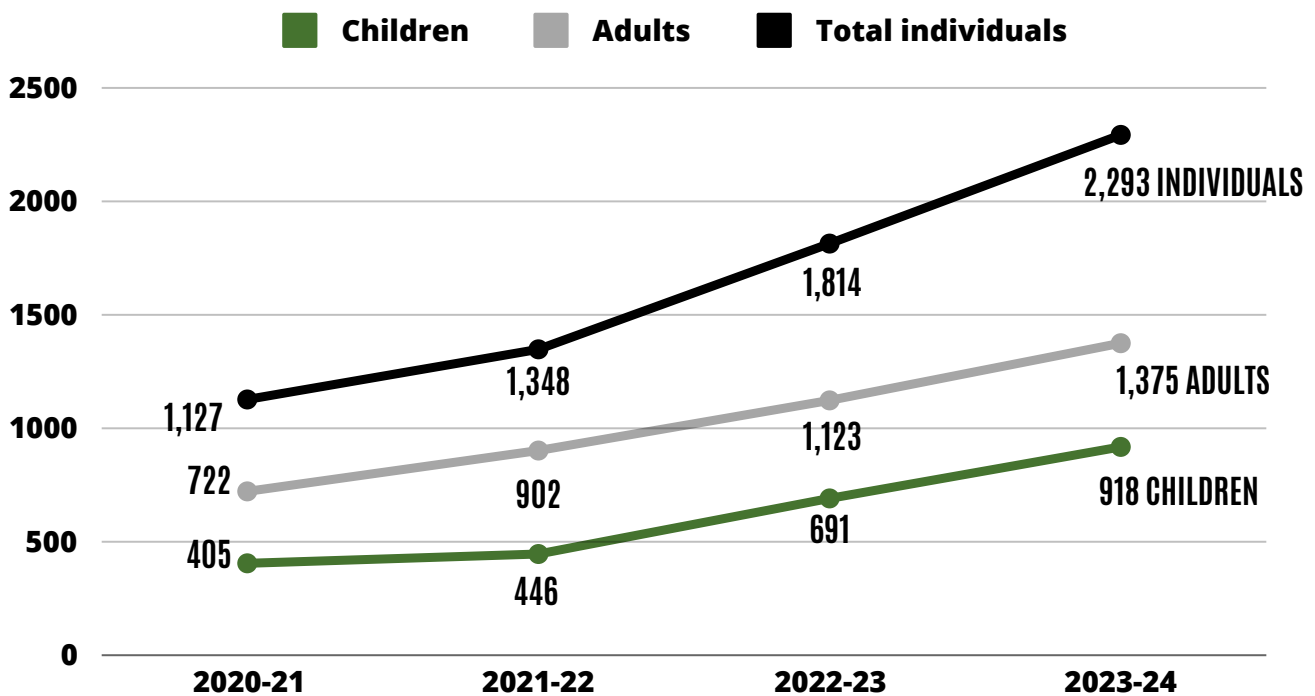
FOOD AID: 2023-2024



CLIENTELE : 2023-2024



INCREASE IN NUMBER OF INDIVIDUALS SERVED



PROFILE: OUR CLIENTELE

Statistics collected in March 2024
for the HungerCount

AGE GROUPS

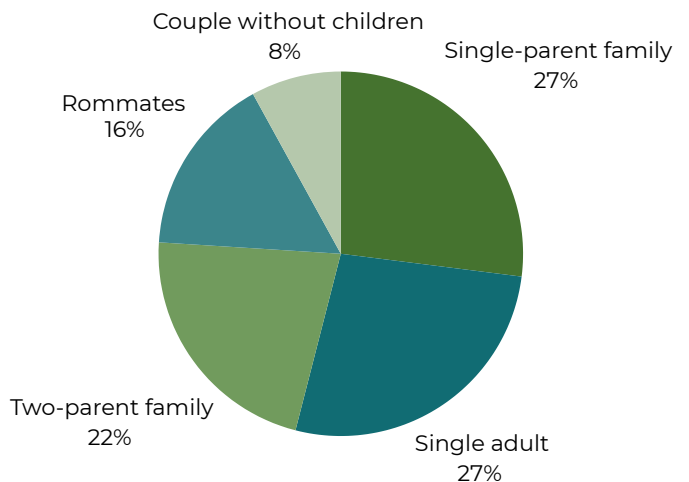
CHILDREN

0-5 years-old	14 %
6-11 years-old	15 %
12-17 years-old	11 %
Total	40 %

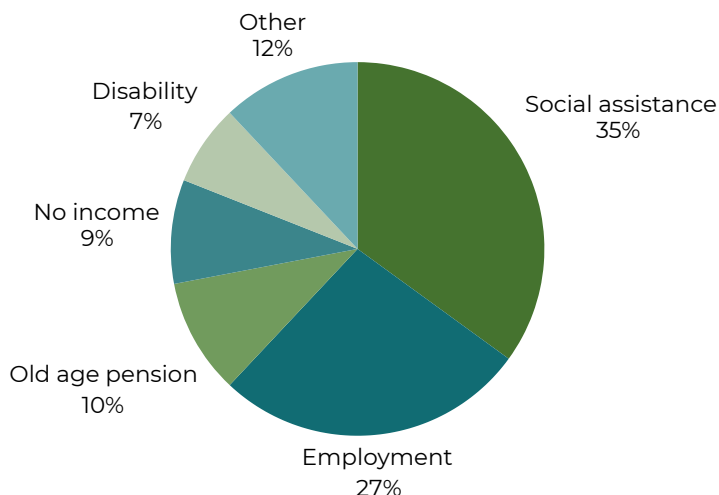
ADULTS

18-30 years-old	14 %
31-44 years-old	21 %
45-64 years-old	20 %
65 years-old +	6 %
Total	60 %

HOUSEHOLD COMPOSITION



INCOME SOURCES



For 46% of clients, housing costs are cited as the main reason for seeking food assistance.

9% of our clients are newcomers to Canada.

5% of our clients have a disability.

Referrals

2023-2024:

➔ 121 households referred to us by community partners and stakeholders

We've developed strong partnerships with local agencies and organizations. We get referrals from CISSSO, including CLSCs and the DPJ. We also get referrals from schools, such as Centre la Cité, and many others in the community.

The image shows two forms from the Banque Alimentaire de la Lièvre. The left form is titled 'Formulaire de référencement en dépannage alimentaire' and contains fields for 'Renseignements obligatoires' such as 'Date de la référence', 'Organisme référent', and 'Référence présentée par'. It also includes a section for 'Nom de la personne référée' with fields for name, date of birth, telephone, address, and number of people in the household. The right form is titled 'Demande de service de dépannages alimentaires' and includes a section for 'Objet de la demande' with checkboxes for 'Un dépannage d'urgence', '2 dépannages par mois', 'Durée 3 mois', 'Durée 6 mois', and '1 dépannage par mois'. It also has a section for 'Informations pertinentes' and an 'Autorisation à communiquer des renseignements personnels' section with fields for 'Nom de l'organisme référent' and 'Signature'.

Providing information

As our food aid service has become a key means of reaching our clients, some organizations have used it to keep them informed on a range of topics (leaflets about Christmas baskets, the winter coat campaign, the dangers of isolation and violence, etc.).

Christmas for everyone!

The generosity of citizens and an exceptionally big donation helped us enhance and improve all food aid services for December and assist 345 families.

One generous donor made it possible to provide 274 children under 18 with a wrapped Christmas gift. We opened up Santa's Workshop, and our volunteer elves came in to wrap all the lovely surprises!



SOUP KITCHEN

AND TOILET/SHOWER FACILITIES

2023-2024:

➔ Funding secured for Phase 1 of the project

Community-driven project

As a daily witness to our region's growing vulnerable population and their worsening living conditions, Banque alimentaire de la Lièvre has worked for a number of years on a project to create a soup kitchen to provide healthy, balanced meals, toilet and shower facilities, and a washer and dryer in an environment safe for everyone.

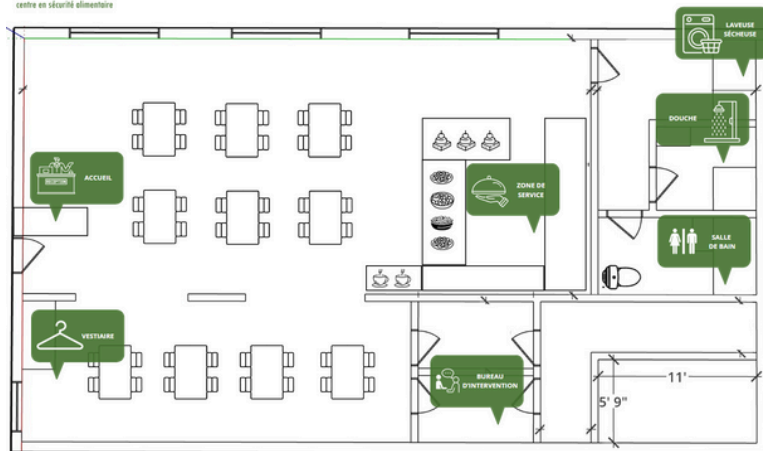
We've done this in concert with community stakeholders, all of whom see the importance of such a project in the Buckingham sector. Through this initiative, Banque alimentaire de la Lièvre hopes to improve living conditions for vulnerable people and provide vital support to the community.

Funding confirmed and project begun

At year's end, it was confirmed that CISSS de l'Outaouais had agreed to fund the project under the 2021-2026 Plan d'action régional communautaire intégré et interministériel en itinérance/PARCI (Interministerial Comprehensive Regional Community Action Plan on Homelessness).

In March 2024, we took the first steps to set up a management committee, rent premises, and hire someone to coordinate the project.

Nouveau projet : la Tablee populaire



Scheduled
to open
in summer
2024!

COMMUNITY

KITCHENS

A year of transition

We were unable to have community kitchens this year due to lack of funding and resources.

We've been working all year to raise money to set up a program of community kitchens and cooking workshops.

At the end of the year, we signed an agreement with the Québec ami des aînés (QADA) program to fund 24 community kitchens for seniors. The project will take place in 2024-2025.

We've approached other donors and are awaiting their response.

What is a community kitchen?



Community kitchens are about more than just cooking! Community kitchens are about more than just cooking! A place where people can share ideas and help each other, they are first and foremost an opportunity to meet, socialize, and make new discoveries with a group of like-minded enthusiasts who prepare food together while finding cheaper ways to eat well.

Four steps are needed for a community kitchen to succeed:

- Planning
- Purchasing
- Preparation
- Assessment (group feedback)

INITIATIVES

TO REDUCE FOOD WASTE

Anti-waste initiatives: Unsold food, collection and recovery, transformation, etc.

For a number of years now, we've been collecting surplus food from businesses to stock our community fridge. Under the new program, we've begun to build relationships with farmers and some specialty shops and retailers.

When they have unsold or surplus food, they let us know and we go straight away to pick it up. If there's a big amount, we distribute it to partner organizations and schools.

We sometimes transform food if it's very "ripe." With our new facilities, commercial-grade kitchen, and amazing volunteers, we're doing great things!

Community Fridge

The purpose of a community fridge is to reclaim food that would normally be wasted and offer it to people who are food insecure. The fridge is located outside so community members can access it 24/7, drop off unwanted food, and take what they find useful. Though it's for the food insecure, it can be used anonymously by anyone.

We also rely on the public to help stock our fridge.

This year we've seen a big increase in its use, with a very mixed clientele.



ANTI-WASTE INITIATIVES: FACTS AND FIGURES

Data in kilos	2020-2021	2021-2022	2022-2023	2023-2024
Food recovered from grocery stores	17,945	22,261	22,678	24,693
Food recovered from greenhouses and gardens	2 218	8 033	9 359	3 263
Food recovered from restaurants and schools	4 316	3 078	2 223	2 412
Total amount recovered	24 479	33 378	34 260	30 368
Food redistributed to community fridge		20 000	21 770	24 693

Transformation data

2023-2024:

- ➔ 825 net kilos after transformation
- ➔ For example: Bruschetta, mixed salads, stew, fruit salad, compote, ready-to-cook meals, etc.

Anti-waste initiatives: Partners

- Banque alimentaire de la Petite Nation
- Cafétéria – École secondaire Hormidas-Gamelin
- CFP Innovation Outaouais
- Club Lions de Buckingham
- IGA Grenier-Fortin
- Escouade anti-gaspillage de Gatineau
- Ferme du pommier dansant
- Ferme du pied d'alouette
- Ferme du ruisseau nouveaux
- Flor'Ail
- Hôpital de Papineau
- La Marmaille
- Les Serres Gatineau
- Les jardins Ubuntu
- Les Jardins d'à coté
- Maison d'hébergement pour Elles des Deux Vallées
- Maison Oxygène
- Maxi Buckingham
- Regroupement des cuisines collectives de Gatineau
- Saveurs des continents
- Tigre Géant Buckingham

A NEW ERA

The Government of Canada's Community Services Recovery Fund has helped us upgrade and modernize the food bank.

New website: www.balievre.ca

With help from Tonik Web Studio, we launched our new website in fall 2023. It contains all relevant information on our organization.



Managing donations with ProDon

To foster a culture of philanthropy in the organization and keep better track of our donors, we launched the ProDon platform in fall 2023.

Philanthropic plan and training

Caméo Consultation helped us develop a philanthropic plan and provided fundraising training throughout the year.

Managing users with Toucan

We've begun setting up a database to manage and oversee food bank users, food aid distribution schedules, and delivery timetables. Toucan is an app developed specifically for food banks by Moisson and Les Banques alimentaires du Québec. Our data should all be entered by late June 2024. We'll finally be able to go paperless!

Financé par le gouvernement
du Canada par le Fonds de relance
des services communautaires

Canada

OTHER INITIATIVES



Community garden

→ 4 volunteers

Our community garden has helped improve food baskets and our clients' quality of life by giving them free access to outdoor garden boxes.

Last summer we were given some 300 plants by various farmers and private individuals, which we redistributed to a number of organizations. Some were also planted in outdoor boxes and our community garden.

A helping hand for box lunches

2023-2024:

→ 2,353 box lunches were given out

→ An average of 235 per month for the school year

More and more families in our region are experiencing food insecurity, which has a major impact on children. Many parents don't have enough food to pack a lunch for their kids. And for fear of being reported to youth protection, they choose to keep their children at home, which seriously hurts their chances of social and academic success. Kids who have enough to eat are more attentive at school and likelier to succeed. A child will not be stigmatized for having a full lunchbox.

Funding from the Canada Post Community Foundation has helped us buy enough foodstuffs to give all school-age kids a bag of food to put in their lunch box.

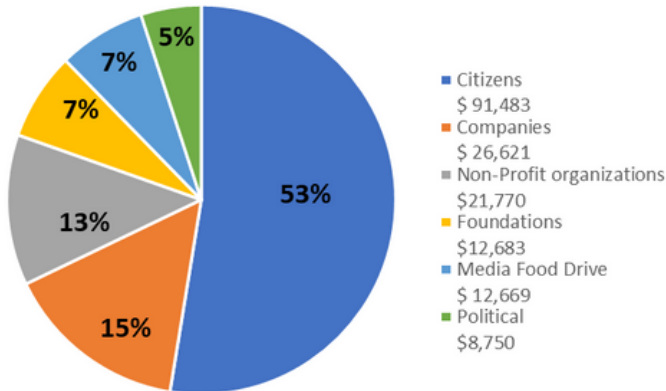
Equipment for a sustainable food system

The aim of this project, supported by Agriculture and Agri-Food Canada's Local Food Infrastructure Fund, was to provide equipment and supplies to help the food bank and community kitchens run optimally. It was a continuation of a project funded under the LFIF's previous phase.

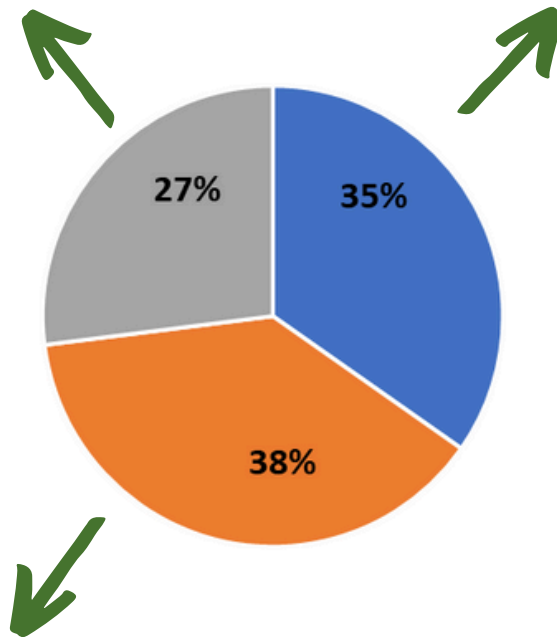
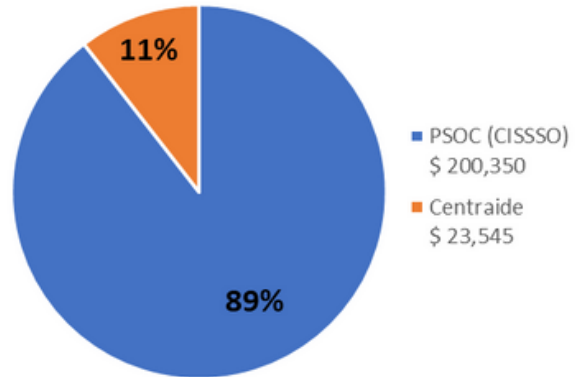
This funding has helped us buy a range of equipment to ensure the food bank runs more efficiently (handcarts and trolleys, bins and boxes, etc.) and has gone a long way toward meeting the growing demand for food aid. We've also bought equipment for community kitchens.

OUR FUNDING

Donations \$ 173,976



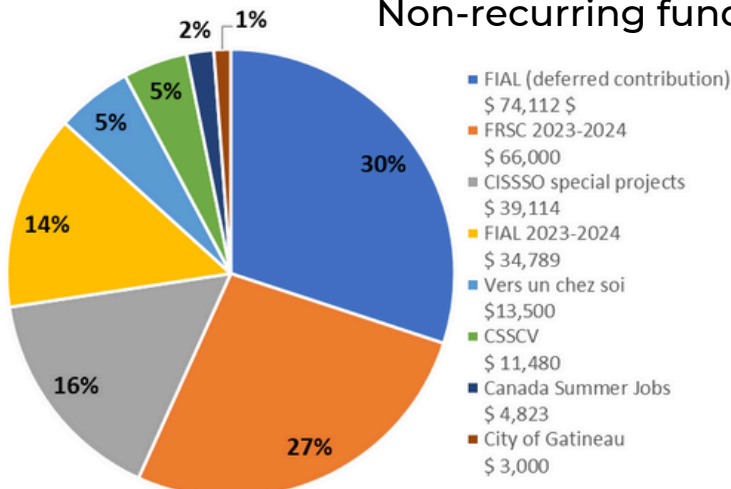
Recurring funding \$ 223,895



Total funding \$ 644,689 \$

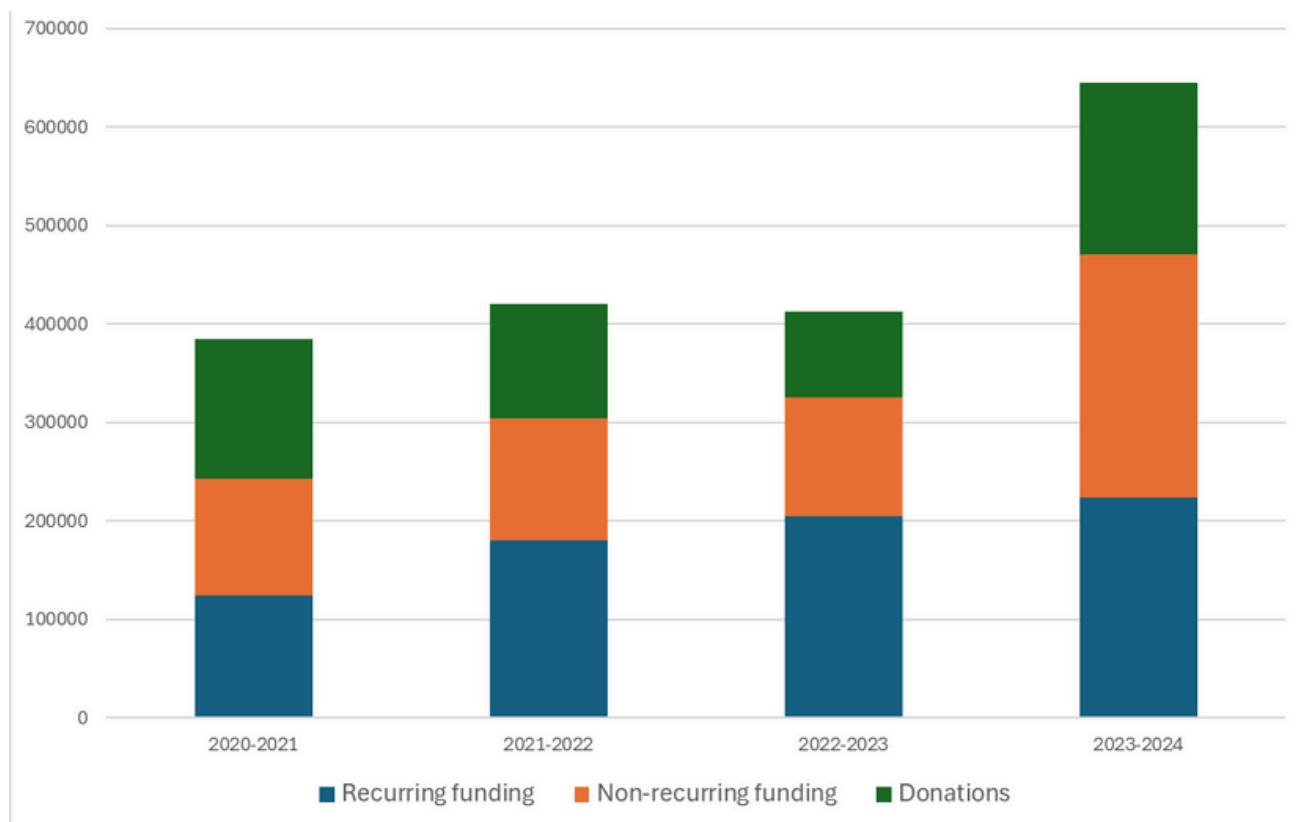
- Recurring funding \$ 223,895
- Non-recurring funding \$ 246,818
- Donations \$ 173,976

Non-recurring funding \$ 246,818



FUNDING TRENDS

	2020-2021	2021-2022	2022-2023	2023-2024
Recurring funding	\$ 124,024	\$ 180,400	\$ 204,351	\$ 223,895
Non-recurring funding	\$ 118,717	\$ 123,544	\$ 120,936	\$ 246,818
Donations	\$ 142,430	\$ 115,956	\$ 87,678	\$ 173,976
Total	\$ 385,171	\$ 419,900	\$ 412,965	\$ 644,689



OUR FUNDING PARTNERS

Centre intégré
de santé
et de services sociaux
de l'Outaouais



- PSOC program (support for our mission)
- Specific agreement: Escouade anti-gaspillage alimentaire de l'Outaouais
- Specific agreement: Tablee populaire and toilet/shower facilities
- Special project: Distributing food aid



Centraide
Outaouais

- Support for our mission

Financé par le gouvernement
du Canada par le Fonds de relance
des services communautaires



- New Era project

Fondation communautaire
de Postes Canada

- Box Lunch project



- "Vers un chez soi" project

Centre
de services scolaire
au Coeur-des-Vallées



- Social and professional integration program



- Community Kitchens project

DONORS

Banque alimentaire de la Lièvre is a member of the Association of Fundraising Professionals (AFP), Quebec chapter, and its Board of Directors adheres to the AFP Code of Ethics and Donor Bill of Rights.

The community was especially generous this year, with many donations from private citizens, social clubs and corporations. Together you have made a difference! Thank you all so much!

Donations received/Proportion of total funding

2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
\$26,211	\$132,655	\$115,576	\$152,505	\$173,976
19% of our revenues	34% of our revenues	24% of our revenues	33% of our revenues	27% of our revenues



Club Lions de Buckingham



**Chevaliers de Colomb
de Buckingham**

FONDATION  Sibylla Hesse




Thank you!

FUNDRAISING ACTIVITIES

Food drives, fundraisers, and gift card donations

2023-2024:

 13,489 kilos of food from community initiatives

We're extremely grateful for all the local support we've received. A number of community initiatives helped us achieve our mission yet again this year.

- Association Des Citoyens du Quartier du Ruisseau
- Banque Nationale
- BMR Émile Charette et Fils
- Boucherie du Village
- Boutik du Corset
- Buckingham Elementary School
- Cabinet de la Mairesse
- Café des Artistes de la Lièvre
- C.A.G.A Centre Action Génération des Aînés
- CDC Rond-Point
- Centre Auto Masson – Neal Leblond
- Chevaliers de Colomb de Buckingham
- Chevaliers de Colomb Masson-Angers
- Chicco Shawarma
- Chuck's Casse-Croûte
- Clinique dentaire Masson-Angers
- Club de tir de l'Outaouais
- Club Lions de Buckingham
- CPE le Lièvre et la Tortue
- CPE Trois Petits Points
- Comptoir Emmaüs
- Comptoir St-Vincent-de-Paul Basse-Lièvre
- Danse Acad'Amy
- École 4 vents - Angers
- École de Sacré-Coeur - Angers
- École Monseigneur-Charbonneau
- École secondaire Hormidas-Gamelin
- Fastrate Group
- Fine et Fûtés
- Fleurs de Guy
- FADOQ St-Luc
- GPW Wrestling-Deirek Clément
- Guignolée des médias
- Hills and Gully Riders Club
- Hydro-Québec
- IGA Grenier-Fortin
- IGA de Cotret-Brazeau
- Karaté Cama
- Lala Bistro
- Larouche Campeau et Associés SENC
- La Tablée des chefs
- Légion Royale Canadienne
- Librairie Rose-Marie
- Location Gaétan Longpré
- Maison de la famille Vallée-de-la-Lièvre
- Maxi Buckingham
- Mayo Food Drive
- Métro Plus Buckingham
- Mini-marché Le Gros Do
- Paroissien(ne)s de Our Lady of Victory et St-Malachy
- Paroissien(ne)s de St-Grégoire-de-Nazianze
- PJC Jean Coutu Buckingham et Masson
- Pub Le Buck
- Regroupement de cuisines collectives de Gatineau
- Résidences du Bel-Âge de la Vallée du Lièvre
- Signature Mélisa Parenteau
- Tigre Géant Buckingham
- Tonik Web Studio
- Tournoi de golf Claude Chalifoux (denrées)
- TRACE Arts Visuels
- Des centaines de généreux citoyens à titre individuel

MAIN

SOURCES OF FOOD



2023-2024:

- 99,481 kilos of food received
- Value: \$955,017 (1 kilo = \$9.60)

Moisson Outaouais is our main source of food (69% in 2023-2024).

2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
31,435 kilos	51,288 kilos	50,310 kilos	78,629 kilos	99,481 kilos
Value: \$275,685	Value: \$449,796	Value: \$402,480	Value: \$629,032	Value: \$955,017
65% of our food	60 % of our food	50 % of our food	59 % of our food	69 % of our food



Marché Masson-Angers

2023-2024:

- 24,692 kilos of food received
- Value: \$237,043 (1 kilo = \$9.60)

We collect unsold food from IGA Marché Masson-Angers every day.
We got 17% of our food from this business in 2023-2024.

COLLABORATION AND PARTNERSHIPS



→ Support and assistance



→ Training, support and assistance

Centre intégré
de santé
et de services sociaux
de l'Outaouais



→ Referral of food aid assistance

→ Professional support and assistance



→ Assistance from their
development officers

- Alliance Alimentaire Papineau
- Bureau Régional d'Action Sida (BRAS)
- CLSC
- CDC Rond-Point
- Canadian Tire Buckingham
- Carrefour jeunesse emploi Papineau (CJEP)
- Centre Action Générations des Aînés
- Centre Actu-Elle
- Centre Alpha Papineau
- Centre de services scolaires au Coeur-des-Vallées
- Centre de sécurité alimentaire de Gatineau (CSAG)
- Club Lions de Buckingham
- Comptoir St-Vincent-de-Paul Basse-Lièvre
- Dîner pour mieux apprendre
- Direction de la protection de la jeunesse (DPJ)
- Journal Les 2 Vallées
- La Mie du partage
- Lala Bistro
- Le Grenier des collines
- L'Escouade anti-gaspillage
- Le Boulev'Art de la Vallée
- L'Info de la Basse-Lièvre
- M-Ado Jeunes
- Maison d'hébergement pour Elles des Deux Vallées
- Maison de la famille Vallée-de-la-Lièvre
- Paroisses St-Grégoire et St-Luc
- Paroisses Our Lady of Victory et St-Malachy
- Regroupement des cuisines collectives de Gatineau
- Réseau Outaouais
- SOS Contact AI-To
- Steamatic
- Table de Concertation sur la Faim et le Développement Social de l'Outaouais (TCFDSO)
- Table de développement social de la Lièvre
- T.V.C. de la Basse Lièvre

2024-2025:

GOALS AND INITIATIVES

- Build on our knowledge, skills and achievements
- Seek funding
- Set up and launch Tablée populaire and toilet/shower facilities
- Create a food bank self-financing project through the sale of meals and/or a catering service
- Bring back the Community Kitchens program
- Continue to work with community organizations

CONTACT US



129 Joseph St., Gatineau (Qc) J8L 1G1
(Buckingham sector)



819.281-3231



info@balievre.ca



www.balievre.ca



Banque alimentaire de la Lièvre



Sectors served:

- Buckingham
- L'Ange-Gardien
- Lochaber-Partie-Ouest
- Masson-Angers
- Mayo
- Mulgrave-et-Derry



Operating
Hours

Monday to
Thursday

8 a.m. to 12 p.m.
1 to 4 p.m.

Friday

8 a.m. to 12 p.m.

